

A.M. BREAKOUT SESSION SUMMARIES

Women's Grief

A session which will provide women a supportive environment to explore their grief (for women only).

Men's Grief

A session which will provide men a supportive environment to explore their grief (for men only).

Parenting After Loss

This is the only morning session that will allow parents to bring their children to the group. Topics will be determined by the participants, but may range from whether to try to become pregnant again to issues of parenting surviving siblings of any age.

P.M. BREAKOUT SESSION SUMMARIES

Spirituality and Loss

How has your loss impacted your spirituality?

First Year of Grief

A session that will discuss ways couples can share their feelings with each other. The session will include tips learned along the road.

Healing with Art

An unstructured session for families to come together to engage in a variety of activities that allow for creative expression. We encourage those who have something they have done to bring that with them to share with the group. It could be scrap-booking, t-shirts you made, poetry, music, etc.

Family Members Expectations

Do you find yourself struggling with other family member's expectations on how you should act? We will explore ways to deal with the expectations of family and others.

Free Madison Attractions

Allen Centennial Gardens

The Arboretum

Chazen Museum of Art

Olbrich Gardens

Vilas Park Zoo

Wisconsin State Capitol

Wisconsin Veterans Museum

The 2008 Family Bereavement Conference

A Time to Remember

***Sponsored by:
The Infant Death Center
of Wisconsin***

March 29, 2008

***Holiday Inn West
Middleton, WI***



OBJECTIVE: The conference is designed to provide an environment where bereaved parents are able to expand their coping skills, talk and link with other bereaved parents.

KEYNOTE SPEAKER: Anita Braden is an Episcopalian Priest in Menomonee Falls, WI. Anita has had multiple infant losses. Anita has supported families as a hospital chaplain at Children's Hospital of Wisconsin as well as in her ministry as a pastor.

Anita has been a speaker at a previous family conference and was well received as she shared her insights and experiences helping families integrate their loss into their lives.

SETTING: The hotel is situated in Middleton, Wisconsin. It is easily accessible from Hwy 12 the West Beltway. Madison has a number of free activities that participants may wish to visit while there. A sampling of options open on Saturday and Sunday can be found on the back panel of this invitation.

ACCOMMODATIONS: A special rate of \$70, based on double occupancy, has been arranged for Friday and Saturday nights. Please call the Holiday Inn by **March 10th at 1-888-522-9472**. Mention you are attending *The Infant Death Center of Wisconsin Conference* to receive the special rate.

MEMORIAL PROGRAM: A presentation will feature the infants we are remembering. If you would like your child featured in the presentation, send up to 2 photos of your child (color photocopies are accepted) along with your registration form by **March 10, 2008**. Please put your name **and** your child's name on the back of the photo. They will be returned the day of the conference.

CHILDREN & ADOLESCENT ACTIVITIES: Professional child care will be provided Saturday during the conference sessions. Children will be joining their parents for lunch and are invited to the memorial service. To be sensitive to all families we request that children not attend the parents' breakout sessions.

An adolescent grief group will be offered for those ages 10 and older. These sessions will be held during the adult breakout sessions. **Please register on the registration form.**

MEMORY TABLE AND BOARD: Please bring photographs, poems, and mementos of your child you would like to share with other families. The board and tables will be on display Saturday. Be sure to pick up your mementos at the end of the day.

POETRY: **There will be an opportunity for parents to submit poetry they have written or that has been written about their child.** (Please see the registration form for details.)

COST: The charge for adults is \$15 per adult, children are \$7 each. This includes programming, childcare, continental breakfast, and lunch.

BUBBLE RELEASE: We will have a bubble release at the end of the day outside. This is open to all family members and provides a peaceful time to remember your child.

AGENDA

FRIDAY, March 28, 2008

7:00 – 9:00 p.m. Registration

For those of you who can attend Friday evening, there will be an open discussion for parents only.

SATURDAY, March 29, 2008

8:00 – 8:25 a.m. Registration
8:25 – 8:30 a.m. Introduction
8:30 – 9:45 a.m. Keynote Speaker
9:45 – 10:00 a.m. Break
10:00 – 11:45 a.m. Breakout

- Women's Grief
- Men's Grief
- Parenting After Loss

11:45 – 12:45 p.m. Lunch
12:45 – 1:30 p.m. Memorial Program
1:30 – 1:45 p.m. Break
1:45 – 3:15 p.m. Breakout

- Spirituality and Loss
- First Year of Grief
- Healing with Art
- Family Members Expectations

3:30 p.m. Closing

